



603-437-8477

Changing Lives & Building Community Together

Serving people throughout Southern New Hampshire..

Serving over 40 communities!

Mission, Vision & Values

Strengthening individuals and families by providing them with the education and resources needed to lead, healthy, self-sufficient lives.

It is our vision that we work to create a strong, vibrant and self sustaining community where conflict and hunger, homelessness and poverty, and ignorance and intolerance no longer exist. We look to the day where all families thrive and children have within their reach the tools to succeed. We will work to achieve our vision by living our mission and honoring our values each day.

We aspire to be an organization that:

- Is responsive to the community
- Is compassionate and non-judgmental
- Respects diversity
- Empowers each individual and family
- Works as a team
- Encourages innovative and creative ideas
- Maintains strong ethics and integrity

Parking in rear lot of building. Entry in back door 1, with directory on lobby.

Accessible Parking in the front lot of the building.

Evening/Summer hours secondary entry front of building Door 6.

Business Hours

Mon - Fri 9:00 am - 5:00 pm

Sat - Sun Closed

What do we do at The Upper Room?

- **We offer Services and programs to answer questions.**
- **We connect you to community resources and referrals.**
- **We provide educational programs that help individuals and families live healthier lives.**
- **And much, much more. Please look around and see what great things we have to offer you and our community.**

Contact Info

The Upper Room, a Family Resource Center

36 Tsienneto Road

Derry, New Hampshire 03038

Call **(603) 437-8477**

Fax (603) 425-6256

We are a non-profit Family Resource Center, committed to the development of strong individuals and families in Southern New Hampshire and beyond. The Upper Room has a team of dedicated professionals who are actively working to improve the family life of the citizens of Derry and surrounding communities, in a way that is unique to any place in New Hampshire.