



Family Mediation & Juvenile Services

Helping Families Since 1983

16 Academy Ave
Atkinson, NH 03811

(603)362-9957

fmjs.org

Community Service Program

This program provides teens with volunteer opportunities in their community. Community service is often required in lieu of court appearances or fines. We also assist students in finding placement to complete community service requirements for organizations such as the National Honor Society, school health classes, and college applications. Hours can be arranged to fit the participants' schedules, including weekends and vacations.

Restitution Program

Teens who are required to make payments for property damage are referred for this service. A payment plan is established, and once the total sum is collected, the money is then forwarded to the victim. The victims are notified of the process ahead of time and are encouraged to call the agency with any questions. The program objectives are to increase personal responsibility for the offenders, and to empower the victims.

Family Mediation & Juvenile Services is dedicated to providing quality services for teens and families to reduce delinquency and out of home placements, and to empower teens as individuals, family members, and citizens in their communities.

We offer:

- Parent-Child Mediation
- Substance Abuse Awareness Classes
- Anger Management Classes
- Parenting Support
- Anti-theft/ Shoplifting Classes
- Tobacco Education
- Community Service
- Restitution Program

Day	Hours
Monday	8:00am - 5:00pm
Tuesday	8:00am - 5:00pm
Wednesday	8:00am - 5:00pm
Thursday	8:00am - 5:00pm
Friday	8:00am - 4:00pm

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Parent-Child Mediation

Mediation is a process that brings disputing parties together to resolve their conflicts by helping them brainstorm and develop solutions.

Mediation helps alleviate potential stress and further disruption within families by addressing the underlying issues contributing to conflict between parents and their children. The overall goal for the parties involved is to cooperatively create a written agreement that each person feels is fairly balanced, realistic, and an accurate reflection of the issues discussed during mediation. Possible topics for mediation might include respect, curfew, friends/social activities, household responsibilities, school attendance, independence, privacy, trust, and communication.

Trained, volunteer mediators meet with the families on a regular basis. They help each family member voice concerns, clarify ways the situation could change, and help to establish a sense of equality.

On the erratic road of life, persistence and support will allow you to reach your goals.

Substance Abuse Awareness

Through this class, teens learn how alcohol and other drugs affect the body, the mind, and relationships. Teens learn about addiction while being guided through the process of evaluating the role of substances in their lives. They also explore healthy alternatives to using mind-altering substances.

Anger Management

This course is designed for teens to explore anger and the role it plays in their lives. Participants learn to identify what triggers their anger and what consequences result for the way they deal with their anger. They also learn the importance of communication and conflict-resolution skills. They are assisted in discovering positive ways to express their emotions and in developing healthy coping mechanisms.

Tobacco Education

In this course, teens evaluate their tobacco use; examine the health, financial, and social risks of smoking and using "chew," and explore the media's role in the tobacco market. The objectives are to assist teens in self-evaluation, and to give them the tools to make positive decisions around tobacco use.

Anti-theft/Shoplifting Course

This course is designed specifically for youth who are caught stealing or shoplifting. The program focuses on the effects of shoplifting and theft on both the individual and the community. Teens are encouraged to explore their own motivations for stealing while they learn the risks that are involved with such an activity. Participants develop their own personal strategies for avoiding stealing or shoplifting in the future.

Our programs are offered with the generous support of:

The New Hampshire Department of Health and Human Services

The Atkinson Women's Civic Club

And the towns of Atkinson, Danville, Hampstead, Kingston, Newton, and Plaistow.

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